

# The Carers Strategy for Adults in Haringey

2020 - 2023



**Online Launch**  
27 October 2020

10.30am – Intro – John Everson

10.35am – Thanks – Cllr Sarah James

10.40am – Carers Story

10.50am – Adult Carers Strategy – Priorities and Next Steps – John Everson and Georgie Jones-Conaghan

11.00am – A partnership approach, and what this Strategy might mean in practice – Beverley Tarka

11.10am – Carers Entitlements and Support at Citizens Advice – Kellie Dorrington

11.20am – Adult Carers Strategy and Whittington Health – Lynda Rowlinson

11.30am – Q&A

11.45am - Close

- Claudine
- Angie

**Carers Strategy Vision – *All carers, of all ages, are recognised, respected and supported.***

- Recognition
  - 20,000-27,000 carers in Haringey, of which social care only knows small percentage (approx. 10%).
- Respect
  - ASC Carers Survey 2018/19: 27% of carers indicated they had no discussions about the support or services provided to the person they care for; 27% of carers indicated they were '*never*' or '*only sometimes*' involved in discussions.
- Support
  - ASC Carers Survey 2018/19: Under 30% of carers were '*extremely*' or '*very satisfied*' with the support or services they received. ***Haringey is below the national and statistical neighbours average.***
- Value
  - Unpaid carers make a significant economic contribution to society – their labour is currently worth between £54 and £86 billion per year in England alone
- We need to identify more carers, respect their expertise, and support them better
  - Prevent carer/cared for relationships from break down
  - Ensure carers can continue for as long as possible in their caring role
  - Relieve pressure on health and social care from carer/cared-for breakdown / issues escalating to point of acute intervention



**COVID-19 response:**  
Council, CCG and Carers First carried out check-in phone calls with almost 1,000 carers in the Borough.

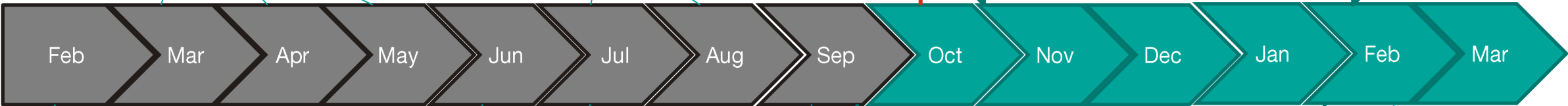


**Carers Working Group:**  
Fortnightly virtual meetings

**Launch adult carer strategy**



**Develop Action Plan with partners**



**Young Carers Strategy development**



**Carers Event 26<sup>th</sup> Feb:**  
kicked off engagement on strategy.



**Email consultations:**  
Draft Carers Strategy circulated among key partners and carers for feedback.



**2 x digital workshops:**  
to validate priorities



**Health and Wellbeing Board sign off**

## Your caring role

- Emphasising the need to recognise, identify and support carers in their role

## Health and wellbeing

- Focusing on involving carers as experts, supporting their physical and mental health needs, and helping them adjust to changes in their caring role

## Housing and managing at home

- Ensuring carers have a safe, appropriate and habitable housing, and are aware of the range of housing adaptations and assistive technologies on offer

## Finances, benefits and debt

- Supporting carers to maximise income, minimise expenditure, manage debt, and access good quality, independent legal advice

## Having a life of your own

- Developing opportunities to take breaks from caring, maintaining employment, and keeping carers' relationships at the forefront of our thinking



# A Borough Partnership Approach

Beverley Tarka – Director, Adults and Health, Haringey Council



A University Teaching Trust

- **Celebrate** and **promote** the co-produced partnership approach of the strategy – priorities led and shaped by carers
- **Acknowledge** this is the beginning of the journey
- **Commit** to the Carers Strategy **Vision** – *All carers, of all ages, are recognised, respected and supported within their carer support* and helping support the delivery of the **Priorities** for Carers
- **Agree** a network approach to supporting carers and sharing good practice
- **Agree** that the sub groups – *Age well, Live well* (for adult carers strategy) and *Start Well* (for young carers) should have some oversight of the action plans
- **Identify** key people from your organisations to be part of action plan development
- **Commit** to agile delivery of action plan – accepting that emphasis on priorities may shift as covid-19 changes shape



# What might the Adult Carers Strategy mean in practice?

Beverley Tarka – Director, Adults and Health, Haringey Council



- Carers' entitlements
- Carers' support at Citizens Advice Haringey



### Recognise

- Carer's details recorded in patient's medical notes & flagged
- ID cards for young carers
- Carers' Passport
- Helping carers recognise the extent of their involvement & commitment

### Respect

- Carers as expert partners: acknowledging vital knowledge & experience
- Health care plans negotiated in collaboration with patient & carer
- Carer's leaflet
- Young Carers' Charter

### Support

- Enabling carers to be involved at the level they feel is appropriate
- No assumptions or judgement of what a carer is able or willing to do
- Visiting exemptions, particularly during pandemic
- Pledge to support John's Campaign
- Carers' survey: valuing carers' feedback

- Questions for the panel

