

# Know someone affected by self-neglect or hoarding?

# Do you know someone who needs help but won't accept it?

This could be self neglect

#### WHAT IS SELF NEGLECT?

Self-neglect is when a person does not attend to their basic care and support needs, such as personal hygiene, appropriate clothing, feeding or taking care of their health or any medical conditions they may have.

#### WHAT COULD HAPPEN?

- unexpected/unexplained deterioration in health
- living in hazardous conditions
- forgetting to take medication
- > refusing care or help when they need it
- having problems with day to day living because their home is crammed with things

High levels of clutter make it much easier for a fire to start and create a greater risk of fire spreading, increasing the risk of injury and death.

# WHO CAN HELP?

If you are concerned about immediate safety call emergency services. You can contact the Fire Brigade for a home fire safety visit. Contact the council for safeguarding concerns and a range of organisations can provide support.





# **Useful contacts**

# **Haringey Council**

020 8489 1400 IAT@haringey.gov.uk

# Council tenants should contact Homes for Haringey

Tenancy Management@homesforharingey.org 0208 489 5611

# **London Fire Brigade - Haringey**

To book a free Home Fire Safety visit call 0800 028 4428 or for an urgent out of hours referral ring: 0208 555 1200

# **Hoarding UK**

http://hoardinguk.org/ Free helpline, advice and advocacy 020 3239 1600

# The A Team

Clarendon Centre, Clarendon Road,N8 0208489 4860 to help with clearance

## **Contact the Elderly**

www.contact-the-elderly.org.uk Network of volunteers 0800 716 543

# **MIND** in Haringey

admin@mih.org.uk 020 8340 2474 Counselling available



1219.13