

Subject:

FW: Increase in public swimming facilities in haringey

From: janetbrewer

Sent: 20 March 2017 16:50

To: LDF

Subject: Increase in public swimming facilities in haringey

I work in education and have competitive swimmers in my family. I am appalled that Haringey has only two facilities across the borough and is seemingly ignorant of the huge benefits to all sectors of society that an increase would bring. I witness every week how the aging population benefit physically and psychologically from early morning swimming at park road, leading to less demand on the boroughs health services. There is a direct link between swimming and children's self-awareness and body confidence, which impacts on their general well-being.

Haringey are to be applauded for bringing school swimming down to earlier years but in order to capitalise on this initiative and reap full benefit, children and young adults must have somewhere to swim and engage in year round activity which results in very little injury but maximum health gain.

HARINGEY NEEDS MORE PUBLIC SWIMMING FACILITIES!